EXOGEN® User Guide

Read before using your device

bioventus

EXOGEN Label Symbol Descriptions and Equipment Classification

	Information Symbol: refer to User Guide.
REF	Catalog Number
CE 0086	CE Mark: indicates conformity with European Council Directive of 14 June 1993 concerning Medical Devices (93/42/EEC).
	Type BF Applied Part. The transducer, shown in **Figure 2** on **page 1** is an applied part.
	EU: Not for General Waste. This symbol indicates that EXOGEN should not be disposed of with ordinary household waste at the end of its life. For details on how to dispose of this device correctly, contact your local government waste disposal agency or your local Bioventus representative.
	Manufacturer
EC REP	This symbol indicates the authorized representative in the European Community.
SN	Serial number (first four digits of the serial number indicate the month and year of manufacture)
WAVEFORM	Pulsed Signal
	Rx Symbol: Federal Law (U.S.A.) restricts this device to sale, distribution, or use by or on the order of a physician or properly licensed practitioner. This device is only intended for use by the individual for whom it is prescribed.

THIS DEVICE IS NON-STERILE.
It does not require sterilization before use.

Table of Contents

EXOGEN Overview

Indications for Use

EXOGEN Ultrasound Bone Healing System is indicated for the non-invasive treatment of osseous defects (excluding vertebra and skull) that includes:

- Treatment of delayed unions and non-unions†
- Accelerating the time to heal of fresh fractures
- Treatment of stress fractures
- Accelerating repair following osteotomy
- Accelerating repair in bone transport procedures
- Accelerating repair in distraction osteogenesis procedures
- Treatment of joint fusion

†A non-union is considered to be established when the fracture site shows no visibly progressive signs of healing.

EXOGEN Description

The EXOGEN Ultrasound Bone Healing System provides non-invasive therapy for healing non-unions and accelerating time to healing of fresh fractures. Internationally, EXOGEN can be used on both fresh fractures and non-unions – and both can be conservatively or surgically treated. EXOGEN transmits a low-intensity ultrasound signal to the fracture site through coupling gel, with little or no sensation felt by the patient during the treatment. Low-intensity pulsed ultrasound has been shown in in-vitro and in-vivo studies to stimulate cells to produce growth factors and proteins that are important to bone healing.

The patient administers treatment at home or at work, once daily, for 20 minutes, or as prescribed by a physician.

EXOGEN automatically alerts the patient in case of improper application or performance. The EXOGEN Ultrasound Bone Healing System consists of one EXOGEN device, a charger, a gel bottle, a strap and a Treatment Card. The EXOGEN device provides the treatment control circuitry, the battery supply and monitors the operation of the transducer at the fracture site. The signal specifications cannot be changed.

Everything you need to treat your fracture is included in the EXOGEN Ultrasound Bone Healing System. (See **Figure 1**). Your charger may look different from the image below, depending on the country where you live. If one of the items in **Figure 1** is missing, please contact Customer Service to receive a replacement.

EXOGEN Device

EXOGEN (**Figure 2**) features a transducer at the end of a coiled cord, color screen, power button, USB charging port, and Treatment Card port. The cord and transducer are not removable from EXOGEN.

EXOGEN contains the internal electronics and battery. It checks the ultrasound signal to make sure EXOGEN works properly. The transducer sends low-intensity pulsed ultrasound to the fracture site through the gel. EXOGEN can also sense if gel is present on the transducer surface.

EXOGEN stores and displays your daily use. This data is available to you and your physician.

EXOGEN has a mini-USB charging port to allow you to recharge the battery. EXOGEN will not communicate with any other electrical devices.

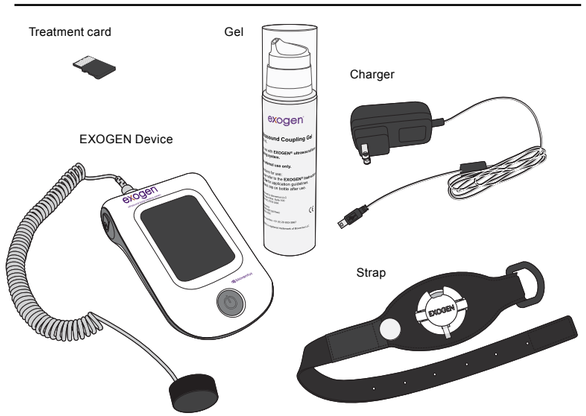


Figure 1 – EXOGEN Ultrasound Bone Healing System

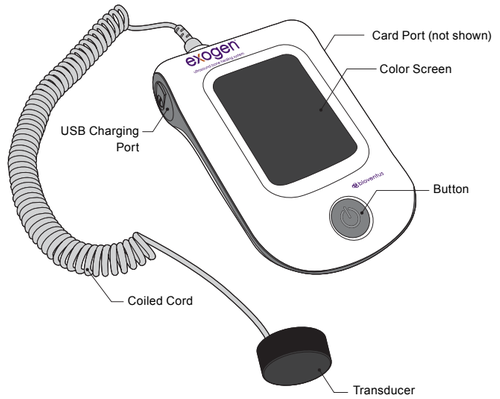


Figure 2 – EXOGEN Device (Part #71034451)

Charger (power supply)

EXOGEN is powered by a rechargeable battery. A charger (**Figure 3**) is included with EXOGEN. Your charger may look different from the image below, depending on the country where you live. Only use this supplied charger with EXOGEN. Do not plug other chargers into EXOGEN. Other chargers may cause injury to you or others near EXOGEN as well as damage to the charger. The use of chargers, transducers or cables, other than those supplied, may result in increased radiofrequency emissions or decreased electromagnetic immunity of the EXOGEN which may cause EXOGEN to stop working.

The USB plug end of the cord plugs into EXOGEN. The other end plugs into a wall outlet. The charger requires a standard 100-240 VAC, 50/60 Hz, household electrical outlet. One of the following chargers will be included with EXOGEN depending on the electrical requirements of your country:

Australia: Part #71034463
Europe: Part # 71034462
United Kingdom: Part #71034461

Read more about how to charge EXOGEN in “Getting Started” on **page 4**.

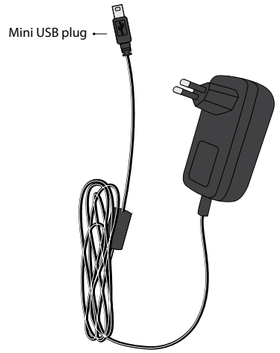


Figure 3 – EXOGEN Charger

Strap

The strap (**Figure 4**) is used to position the transducer over your treatment site. The strap has a port in it to hold the transducer in place. The cap holds the transducer down on the treatment site. The strap is adjustable to fit most fracture locations. If your strap does not fit the location of your fracture, please contact Customer Service to find out if there is another strap which may fit better.

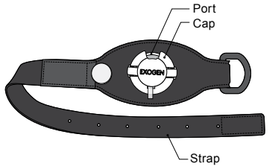


Figure 4 – EXOGEN Strap
(Part Number: 71034622)

Ultrasound Coupling Gel

Ultrasound coupling gel (**Figure 5**) is provided for use with EXOGEN. The gel is to be placed on the transducer every time you use EXOGEN. The gel lets the ultrasound signal reach your fracture through your skin. EXOGEN will not work properly if gel is not covering the transducer and you will receive an alert from EXOGEN.

Only use the supplied gel. Do not use other gels as they may damage the transducer surface or block the signal. If you need more gel, please call Customer Service.

Note: Some patients have experienced mild skin irritation caused by skin sensitivity to the gel. If you feel your skin is sensitive to the gel, you may change the gel to mineral oil or glycerin.

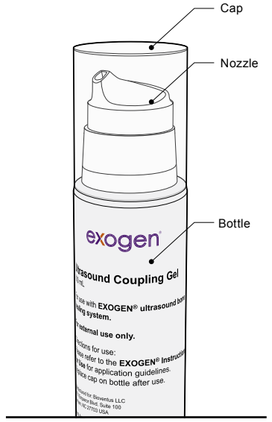


Figure 5 – Ultrasound Coupling Gel
(Part Number: Part #71034694)

Treatment Card

EXOGEN comes with a Treatment Card (**Figure 6**). Based on your physician’s prescription, the amount of treatments on your card may vary. Once the card is inserted, EXOGEN will show you how many treatments you have used on your card. EXOGEN will only work properly if the card is inserted. The card must remain inside of EXOGEN until all treatments are used.

Only use the Treatment Card supplied by Bioventus. Do not insert other cards in EXOGEN. Other cards may become damaged when inserted into EXOGEN. If you have not received a Treatment Card with your EXOGEN, contact Customer Service.

A selection of Treatment Cards are available depending on your country of residence:

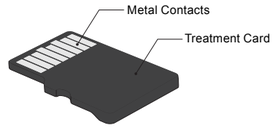


Figure 6 – Treatment Card

EXOGEN Usage

EXOGEN should be used for 20 minutes per day or as prescribed by your doctor. It is important that you use EXOGEN as prescribed by your doctor to get the full benefit of the treatment. Your doctor will decide when your fracture is healed. Every fracture is different and it takes some fractures longer to heal than others. Call your doctor if you have questions or concerns about your fracture.

EXOGEN is for single patient use only. EXOGEN will deliver the number of treatments provided on your treatment card. If this number is reached and you are still treating your fracture under your doctor’s direction, contact Customer Service for instructions.

Important Things to Know

EXOGEN is approved for use by persons that are 18 years or older and skeletally mature. There is no maximum age limit to using EXOGEN. The anticipated education level of an EXOGEN user is to read English to an 8th Grade level or equivalent, and the ability to read and understand Western Arabic numerals. No special previous experience or skills are needed or expected to be able to operate EXOGEN. There may be physical impairments that result from the presence of a fracture, such as reduced range of motion or immobility. EXOGEN is expected to be useable with one hand used for guiding and holding EXOGEN.

Read “Getting Started” (**page 4**) and “Treating Your Fracture” (**page 9**) before you begin using EXOGEN.

Contraindications

There are no known contraindications to the use of EXOGEN.

Warnings

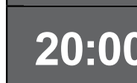
The safety and effectiveness of the use of EXOGEN has not been established for:

- Fractures with post-reduction displacement of more than 50% (i.e., fractures in which the opposing broken bone ends are out of alignment by more than one half of the width of the bone).
- Pathological fractures due to bone pathology or malignancy (fractures due to disease)
- Pregnant or nursing women
- Individuals with thrombophlebitis (blood clot in a vein), vascular insufficiency (poor blood supply), abnormal skin sensitivity (very sensitive skin), sensory paralysis (lack of sensation), alcoholism and/or nutritional deficiency.
- Individuals receiving steroid, anti-coagulant, prescription non-steroidal anti-inflammatory, calcium channel blocker and/or diphosphonate therapy. Individuals using these therapies were excluded from the studies because of the possible effects of these therapies on bone metabolism.
- Non-unions of the vertebra and the skull
- Individuals lacking skeletal maturity

Precautions

- EXOGEN will not correct or alter post-reduction (when your fracture is initially set and placed in a cast) aspects of a fracture such as displacement, angulation or malalignment.
- The transducer, strap and gel are not sterile and placement on an open wound is not advised.
- The operation of active, implantable devices, such as cardiac pacemakers may be adversely affected by close exposure to EXOGEN. The physician should advise the patient or other person in close proximity during treatment to be evaluated by the attending cardiologist or physician before starting treatment with EXOGEN.
- The cords pose a risk for strangulation. Keep out of reach of children.
- Cell phones, televisions, and other devices using radiofrequency energy may cause interference. This interference may cause EXOGEN to operate improperly or stop operating completely. While EXOGEN complies with the limits for Class B digital devices pursuant to Part 15 of the FCC rules, it has not been studied with all brands and models of phone.
- The safety and effectiveness of EXOGEN when used for more than one daily 20-minute treatment period has not been studied.
- For single patient use ONLY. The risk includes but is not limited to cross contamination between patients as cleaning agents and solvents are not recommended for this system.
- When choosing a treatment site ensure that the site selected allows for full contact of the transducer face with the skin. Failure to do so may result in the transducer being only partially coupled to the skin. This may reduce the effectiveness of EXOGEN in treating the fracture.

Display Symbols and Descriptions

Symbol	Name	Description
	**Charging Symbol**	Flashes to show EXOGEN is plugged in and charging.
	**Battery Status**	Shows how much charge is left in the battery.
	**X- Mark**	A treatment was not completed on this day.
	**Checkmark**	A 20-minute treatment was completed on this day.
	**Double Checkmark***	Two-20 minute treatments were completed on this day.
	**Double Checkmark Plus***	Three or more 20-minute treatments were completed on this day.
	Partial Treatment	A treatment was delivered on this day, but was less than 20 minutes.
	**Treatment Symbol**	Flashes during use to show you are treating your fracture.
	**Countdown Timer**	Counts down from 20 minutes to show treatment time remaining.
	**Treatment Complete**	Automatically displays when countdown timer reaches zero to show that treatment is complete.

*EXOGEN should be used for only 20 minutes per day, or as prescribed by your doctor.

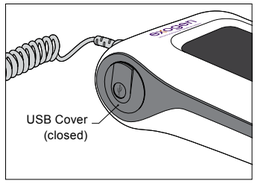
Getting Started

Charging EXOGEN

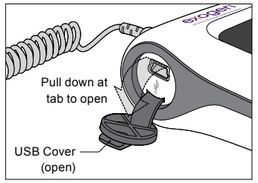
EXOGEN has a rechargeable lithium-ion battery. A fully-charged battery delivers approximately five 20-minute treatments. It takes about 5 hours to fully charge a discharged EXOGEN battery.

WARNING: To avoid the risk of electric shock, EXOGEN must only be connected to a supply mains with protective earth (a 3-prong electrical outlet). Do not use any adapters or extension cords to charge EXOGEN. Only plug the charger into an UL listed electrical outlet.

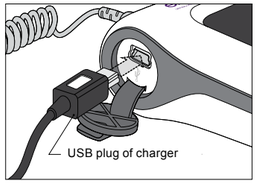
Charge EXOGEN before you begin a treatment or turn EXOGEN on. Follow the steps, on the right, to charge EXOGEN.



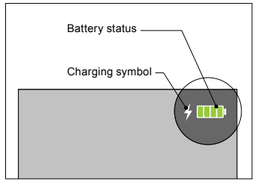
1. Find the USB cover on the left side of EXOGEN.



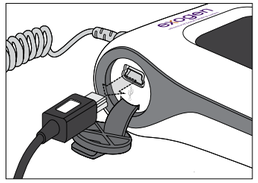
2. Pull the tab down to open the USB cover.



3. Plug the end of the charger into an electrical outlet. Plug the USB plug end of the charger into the USB port.



5. You will see the charging symbol (white lightning bolt) and battery status symbol flashing in the corner of the screen. This lightning bolt charging symbol tells you EXOGEN is charging. Charge EXOGEN until a fully-charged battery is shown by the battery status.



6. When charging is complete, remove the USB plug from EXOGEN, close the USB cover and unplug the charger from the wall.

As you use EXOGEN, the symbol will change to show the reduced battery life. See **Figure 7**.

You may charge EXOGEN at any time, whether it is on or off. When the battery level is low, you must charge EXOGEN before your next treatment.

You can charge EXOGEN and treat your fracture at the same time. Use the charger provided in the EXOGEN Ultrasound Bone Healing System.

Do not connect EXOGEN to any other electrical equipment. EXOGEN is unable to communicate with any other electrical equipment.

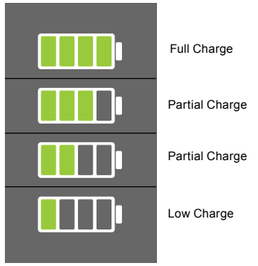


Figure 7 – Battery Status Symbols

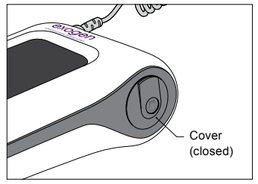
BATTERY PROBLEM?

Try fully charging EXOGEN with the charger provided. If your EXOGEN unit still does not work, call Customer Service. Do not try to fix EXOGEN yourself.

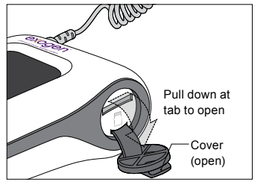
Recharging EXOGEN

Check the charge level on EXOGEN following treatment. If the battery is low, charge EXOGEN with the supplied charger. See the “Charging EXOGEN” (**page 4**) for instruction on charging EXOGEN.

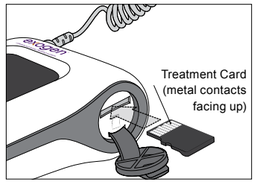
Treatment Card Insertion



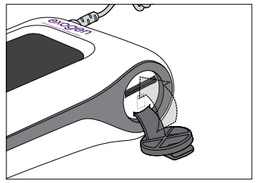
1. Find the cover on the right side of EXOGEN.



2. Pull down the tab to open the cover.



3. Put the Card into the port, metal contacts facing up, and entering first. Press the card into EXOGEN until the card clicks into place.



4. Close the Cover

5. Leave your Card in EXOGEN until all your treatments have been used. If you have used all the treatments on your card and you feel your fracture has still not healed, contact your doctor.

Preparing to Treat Your Fracture

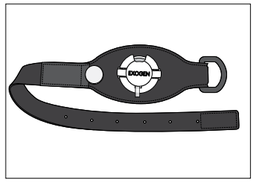
To treat your fracture you will need EXOGEN, the gel and strap. If you have a cast around your fracture, you will not need the strap.

Your doctor may have marked your fracture site with an ‘X’, or told you where to treat your fracture. This is the spot to place the transducer to treat your fracture. Contact your doctor if you are not sure where to treat your fracture.

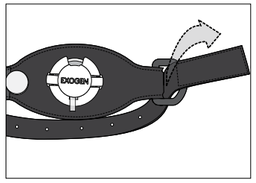
Before you begin, check the cable and the transducer for any cracks or signs of damage. If damaged, do not use EXOGEN and contact Customer Service.

Precaution: The transducer, strap and gel are not sterile and placement on an open wound is not advised.

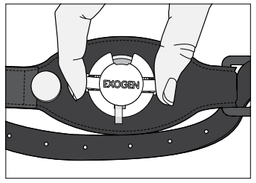
Place the Strap



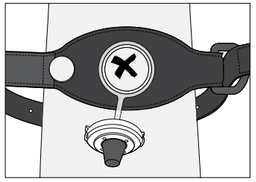
1. Position the strap with the cap facing up.



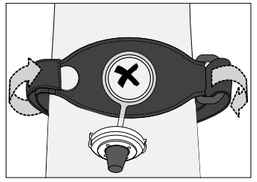
2. Pull the long end of the strap through the plastic loop, as shown.



3. Use 2 fingers to squeeze the cap tabs together to open the cap.

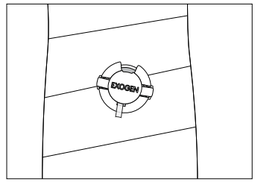


4. Slide on the strap and place the port over the ‘X’ mark on your skin.

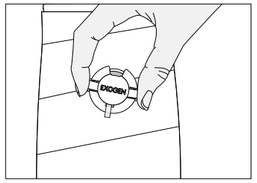


5. Tighten the strap by pulling on the long end. Fasten the strap in place. Do not make the strap too tight!

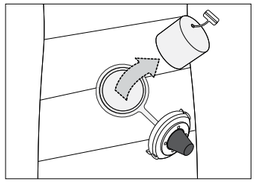
If You Have a Cast



1. Your cast will have a plastic port with cap built into it.



2. Use 2 fingers to squeeze the cap tabs together to open the cap.



3. Pull out the round felt plug inside the opening.

Add Gel and Place Transducer

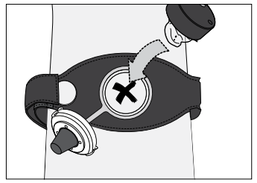
Note: Some patients have experienced mild skin irritation caused by skin sensitivity to the gel. If you feel your skin is sensitive to the gel, you may change the gel to mineral oil or glycerin.

Add gel on the transducer every time you treat your fracture.

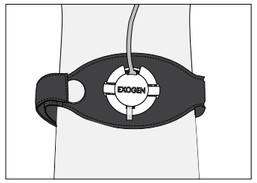
1. Take the cap off the gel bottle.
2. Hold the transducer so the cord is down and the smooth side of the transducer is up.

3. Press down on the gel bottle nozzle to put gel on the smooth side of the transducer. You only need one full pump of gel on the transducer.

   Note: The first time you use the gel, you may need to pump a few times to start the gel flowing.



4. Put the transducer, gel side down, into the port. The gel will be touching the skin over your treatment site.



5. Align the cord coming out of the transducer with the notch in the cap. Snap the cap shut on the strap or the cast.
6. Replace the cap on the gel bottle.

EXOGEN Setup

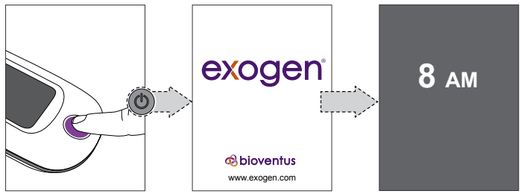
First Use

EXOGEN tracks how often the system is used. The current hour needs to be set to make sure the tracking is accurate.

The hour must be set once, the very first time EXOGEN is turned on.

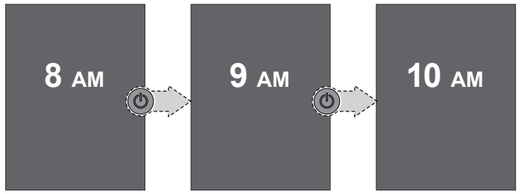
Hour Setting

1. Press the button once. The hour and AM/PM show on the screen. This may or may not be your current hour. The clock must be set to your current hour. For example, if your time is anywhere between 2:00 PM and 2:59 PM, set the hour to 2 PM.



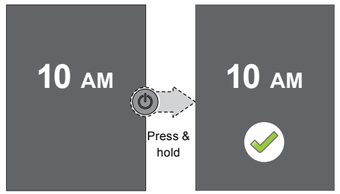
Press button | Start-up screen | Time set

2. Press the button once to advance the time one hour. Press the button, one press at a time, until the correct hour and AM/PM is displayed on the screen.



Flashing time set screen | Press button once to advance hour | Press button once to advance hour

3. **Press and hold** button until you see the hour confirmation screen. This indicates that the hour has been set on EXOGEN. You do not need to set the minutes. After 5 seconds, the device will beep and automatically turn off.



Current hour | Confirmation Screen

Contact Customer Service if you have incorrectly set the time.

Treating Your Fracture

Start Treatment

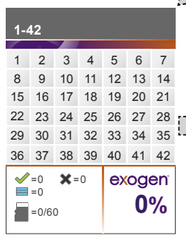
Hold EXOGEN in your hand to view the screen, or set EXOGEN down on a nearby flat surface. Perform the following steps to begin treatment:

1. Press the button on EXOGEN. EXOGEN beeps and the start-up screen appears for 2 seconds.
2. A treatment history screen appears on the screen for 5 seconds. It shows your treatment summary. For more information on the screen, see “Tracking Your Treatment” on **page 11**.
3. Next, the 20-minute countdown timer appears on the screen. EXOGEN automatically begins the ultrasound treatment. A treatment symbol flashes as the timer counts down. This means you are treating your fracture. (**Note:** To stop EXOGEN in the middle of the 20-minute treatment, press and hold the button until EXOGEN turns off.) If your EXOGEN has an error during treatment, see “Troubleshooting” on **page 15**.
4. When the countdown timer reaches zero, EXOGEN beeps and shows the treatment complete checkmark. The treatment complete checkmark displays for 5 seconds. Then, EXOGEN beeps and turns itself off.

Note: Do not remove the Treatment Card while treating your fracture.

Press button

Start-up screen



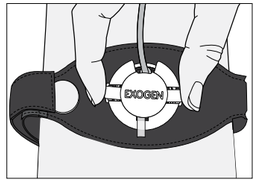
Treatment History Screen

Treatment countdown

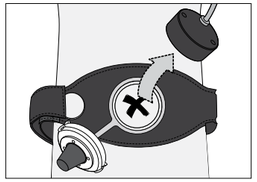
Completion

EXOGEN Cleaning

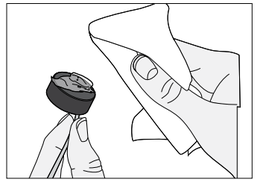
After treatment is complete, you must clean the transducer after each use.



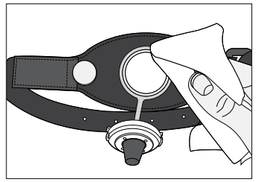
1. Squeeze tabs to open the cap on the port.



2. Gently remove the transducer from the port. Do not yank the cord! Pulling hard on the cord to remove the transducer may cause the cord to detach from the transducer and require your EXOGEN to be serviced.



3. Wipe off any gel on the transducer with a soft cloth. You do not need any cleaning fluid.

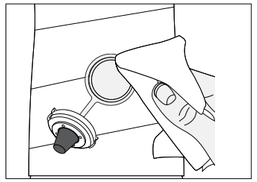


4. Remove the strap and clean any gel from your skin and strap with a soft cloth.

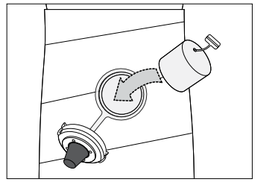
5. Place EXOGEN, the strap and gel back into the carrying case until you are ready to treat again.

If You Have a Cast

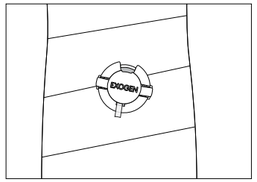
Follow steps 1-3 (above), and then do the following instead of step 4:



4. Carefully clean any gel from your cast, skin and port with a soft cloth.



5. Insert the felt plug, with the tab up, into the port. This plug helps prevent swelling in the cast when you are not using EXOGEN.



6. Snap the cap shut.

7. Place EXOGEN and the gel back into the carrying case until you are ready to treat again.

Tracking Your Treatment

Track Usage

EXOGEN tracks how often you use it. Your usage will be shown on the screen which displays 42 treatment days on each screen. There are two parts to the screen. The top part shows a treatment data grid and the bottom part shows the treatment summary information. See **Figure 8**.

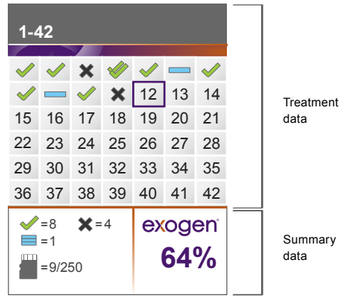


Figure 8 – Treatment History Screen

Treatment Data

The Treatment History Screen shows your treatment summary. Today's day will have a purple box around it. EXOGEN will mark every day with one of the following symbols: X-mark, checkmark, double checkmark*, double checkmark plus*, or partial treatment.

Symbol	Name	Description
	X-mark	You did not complete a treatment on this day.
	Checkmark	You completed a 20 minute treatment on this day.
	Double checkmark	You completed two 20 minute treatments on this day.
	Double checkmark plus	You completed three or more 20 minute treatments on this day.
	Partial treatment	You treated for less than 20 minutes on this day.

*EXOGEN should be used for 20 minutes per day or as prescribed by your doctor.

Summary Data

=	Treatment Days
Treatment days are the number of days that you have completed a 20-minute treatment.	

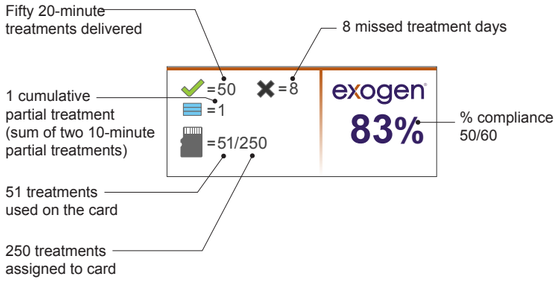
=	Missed Treatment Days
Missed Treatment Days are the number of days that you did not complete a 20-minute treatment. This is the total of all days marked with an X.	

=	Cumulative Partial Treatments
Cumulative Partial Treatments are the number of partial treatment minutes that add together to count against your treatment card. When the sum of your partial treatment reaches 20 minutes, it will count as one full treatment against your card.	

100%	Compliance Percentage
Compliance Percentage is the number of days a full treatment was delivered divided by the number of total days since you began using EXOGEN.	

=	Treatment Card
Treatment Card is the ratio of the number of 20-minute treatments used versus the number of treatments assigned to the Treatment Card inserted into your EXOGEN device. The total number of treatments used is the sum of the Treatments (=) and Cumulative Partial Treatments (=).	

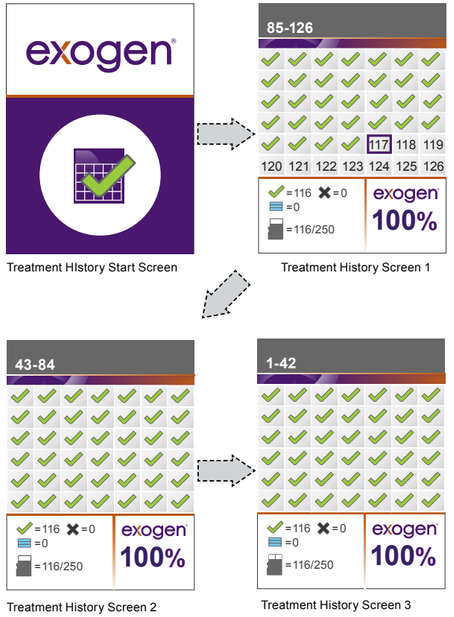
If you have EXOGEN for 60 days, but forgot to treat 8 of those days, and 2 days you only treated for 10 minutes, you will have the following numbers:



Treatment History

After using EXOGEN over time, you may want to view your treatment history and show it to your doctor. EXOGEN lets you view your treatment history without having to start a treatment. You can start EXOGEN in “Treatment History” mode. You cannot enter “Treatment History” mode when EXOGEN is being charged. To view your treatment history, perform the following steps:

1. EXOGEN must be “OFF” and unplugged from the charger. Press and hold the power button until the Treatment History Start screen appears.
2. The recent treatment history appears for 5 seconds.
3. This continues until your entire treatment history has been shown.
4. After the last treatment history screen displays for 5 seconds, EXOGEN beeps and turns itself off. You may exit the Treatment History mode at any time by pressing and holding the button until EXOGEN turns itself off.



Treatment HIstory Start Screen

Treatment History Screen 1

Treatment History Screen 2

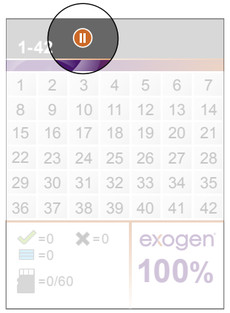
Treatment History Screen 3

Pause Treatment History

You can pause the treatment history to view it for longer than 5 seconds.

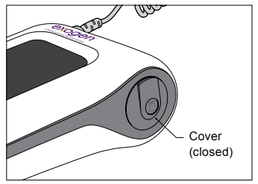
To pause the treatment history, perform the following steps:

1. When you see the treatment history screen, press the button to pause.
2. The treatment history will pause, and a pause symbol flashes.
3. Press the button again to un-pause the treatment history and continue.
4. The treatment history screen will automatically un-pause after 2 minutes and continue.

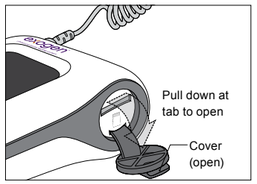


Replacing Your Treatment Card

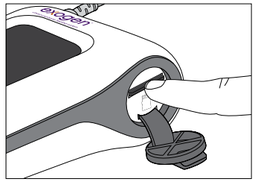
If you have used all the treatments on your Treatment Card and you feel your fracture has still not healed, please contact your doctor. If you are still under your doctor's care, they may prescribe you another Treatment Card. To order a replacement Treatment Card, please contact Customer Service. Once you receive your replacement Treatment Card follow the instructions to replace your old card.



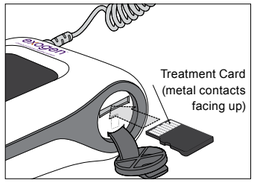
1. Make sure your device is turned off and not plugged into a power source.
2. Find the cover on the right side of EXOGEN.



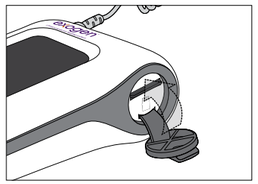
3. Pull down the tab to open the cover.



4. Press the Treatment Card inward until it clicks and then release your finger from the Treatment Card. The card should eject from the device far enough for you to grab it.



5. Remove the Treatment Card from EXOGEN and discard.
6. Put the new Treatment Card into the port, metal contacts facing up, and entering first. Press the card into EXOGEN until the card clicks into place.



7. Close the cover.
8. Leave your Treatment Card in EXOGEN until all your treatments have been used.

Troubleshooting

EXOGEN will alert you if something is not working properly. EXOGEN will beep and display an alert screen. See the table below for examples of alerts and what to do if you get an alert.

Customer Service

Australia: 1800 428 220
Ireland: 1800 552 197
UK: 0800 0516384
00800 02 04 06 08

Alerts	What does this mean?	What should I do?
	**Gel Error:** The countdown timer stops, EXOGEN beeps and displays the yellow "Add Gel" screen. There is not enough gel on the transducer.	Add more gel to the transducer. See "Add Gel and Place Transducer" on **page 6**. After you add more gel, place the transducer back over the fracture using the strap or cast port. EXOGEN will stop beeping and the countdown timer will restart. If EXOGEN still beeps and the "Add Gel" screen remains, add more gel.
	**Low Battery:** You are not able to start treatment or view history. EXOGEN beeps and displays the yellow "Low Battery" screen. The battery level is very low. You must charge EXOGEN.	Plug EXOGEN into a power source with the provided charger. It is safe to charge EXOGEN and treat at the same time. See "Charging EXOGEN" on **page 4**.
	**Contact Customer Service:** EXOGEN beeps and displays the yellow "Contact Customer Service" screen. EXOGEN has detected that it is not working properly.	Call Customer Service. Do not try to fix EXOGEN yourself.
	**Treatment Card Error: Your** Treatment Card is missing, or is improperly inserted.	Insert your card if it is not already inserted. If the card is inserted, remove it and reinsert it according to the directions in the Treatment Card Insertion section on **page 5**. If you are still having trouble, please contact Customer Service.
	**No Remaining Treatments on the Treatment Card:** EXOGEN beeps and displays the yellow "No Remaining Treatments" screen. No treatments remain on the Treatment Card that is currently inserted in the device.	If you are still being instructed by your doctor to treat your fracture with EXOGEN, call Customer Service for instructions.
	**End of Service:** EXOGEN beeps and displays the yellow "No Remaining Treatments" screen. EXOGEN has reached the end of its expected service life (343 treatments). **Note:** Your Treatment Card may still have treatments remaining but the number of treatments used and the number of treatments available on the card will not be displayed.	If you are still being instructed by your doctor to treat your fracture with EXOGEN, call Customer Service for instructions.

Problems	What does this mean?	What should I do?
Blank screen, EXOGEN does not turn on.	The battery may be completely discharged or your EXOGEN has malfunctioned.	Plug in charger to EXOGEN and fully charge your battery. If EXOGEN still does not respond, contact Customer Service.
The battery area on EXOGEN or the battery charger gets excessively warm.	The battery or charger is malfunctioning.	Stop using EXOGEN and contact Customer Service.

EXOGEN Care

EXOGEN should be handled with care. Please note the following:

- Use only a clean soft cloth, paper towel, or cotton swab to clean EXOGEN, the transducer and the strap. Do not use cleaning agents or solvents on any of the components of the system
- Do not attempt to modify, disassemble or repair the EXOGEN. There are no user serviceable parts inside EXOGEN
- Exercise care when handling the transducer as rough handling may scratch the transducer face and cause EXOGEN not to work properly
- If any parts of EXOGEN or its accessories are damaged, do not use EXOGEN. Please contact Customer Service to return your EXOGEN for servicing
- EXOGEN is classified as an IP-22 device. The IP-22 classification indicates that EXOGEN provides
  - Protection against the access of fingers or similar objects from the internal components of EXOGEN
  - Protection against the harmful ingress of water into the enclosure of EXOGEN when tilted up to 15° from normal position
- The EXOGEN transducer is classified as an IP-67 component. The IP-67 classification indicates that the transducer is:
  - Dust-tight
  - Will not be damaged by water under defined conditions of pressure and time (up to 1 meter underwater)
- Never put EXOGEN in or under water

Operating Conditions

EXOGEN should be operated within:

Ambient temperature range: 5°C to 32°C (41°F to 89°F)

Relative humidity range: 15% to 75% (non-condensing)

Atmospheric pressure range: 700 hPA to 1060 hPA

Interference with proper operation of EXOGEN may occur in the vicinity of equipment such as portable and mobile communication units marked with this symbol  . If abnormal operation of EXOGEN is observed, attempt to relocate or reorient EXOGEN in relation to the interfering equipment until the interference stops.

The charger will function with an input voltage range from 100 VAC -240 VAC and has an operating frequency range is from 50/60 Hz. The charger output is 5 VDC.

EXOGEN and accessories should be stored and transported within:
Ambient temperature range: 0°C to 32°C (32°F to 89°F)

Relative humidity range: 15% to 75%

Atmospheric pressure range: 700 hPA to 1060 hPA

If EXOGEN is stored or transported in temperatures outside this range, allow EXOGEN time to come to room temperature for at least 30 minutes before operating. The least favorable working conditions for EXOGEN are +32°C at 75% Humidity.

Storage

- To prevent damage to EXOGEN and its accessories, store EXOGEN in its carrying case while not in use
- Do not store EXOGEN near radiators or extreme heat
- Do not expose EXOGEN to extreme temperatures or the internal electronic components may be damaged
- As with any home electronic device, protect EXOGEN from impact, exposure to moisture, liquid spills, sand, dirt or debris

After your fracture has healed or prior to long-term storage of EXOGEN, remove the battery to prevent leakage of the battery.

EXOGEN Expected Service Life

The expected service life of EXOGEN and its accessories is 343 treatments (6860 minutes). Once EXOGEN delivers 343 treatments, it will not provide further treatment.

Battery and Charging Safety

Battery

- Do not attempt to replace the lithium-ion battery
- Do not attempt to replace the lithium-ion battery with non-approved batteries. Incorrect replacement of the battery could result in damage to EXOGEN. The battery should only be serviced by Bioventus trained personnel
- Be sure to use only the USB battery charger provided with the system (see **page 2**). Other battery chargers may cause battery overheating and damage the battery, EXOGEN, the battery chargers or the user
- Do not use an extension cord with the battery charger as this may cause overheating
- Do not use the battery charger with other devices as this may damage the battery charger and/or the other device
- If the battery area on EXOGEN or the battery charger becomes excessively warm, discontinue using and contact Customer Service.

Charging

- Charge the battery to at least 25% capacity (one bar) before attempting to perform a treatment when the battery is used for the first time or after prolonged storage
- The battery will charge whether EXOGEN is turned off or on
- If the battery power decreases quickly even after recharging for many hours contact Customer Service.

Do not recharge the battery in any of the following locations:

- Where the ambient temperature is below 0ºC or above 45ºC
- Damp or wet location and/or near water
- Outside (use indoors only)
- Within the reach of small children
- With the battery charger cable stretched across a floor or other areas where people walk that would cause a tripping hazard
- On floor or other area where EXOGEN or the cable may be damaged by people walking on them

EXOGEN Disposal

EXOGEN is designed for single patient use only. For details on how to dispose of EXOGEN correctly, contact your local government waste disposal agency or Customer Service.

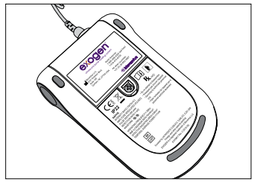
Caution: Dispose of the battery properly to prevent environmental contamination and possible human injury.

Warning: Do not throw any part of EXOGEN into fire.

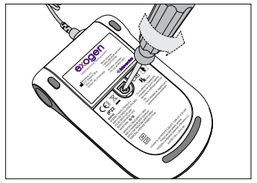
Removing the Battery for Disposal

Only remove the battery from EXOGEN for disposal. To remove the battery, follow these steps:

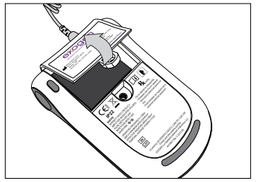
1. Make sure EXOGEN is not plugged in to an electrical outlet.



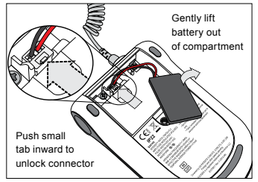
2. Turn EXOGEN screen side down and find the battery door screw.



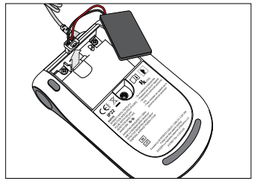
3. Use a screwdriver to remove the battery door screw.



4. Remove the battery door by lifting up at the tab.



5. Gently lift the battery out of the compartment.
6. Follow the red and black wires to find the battery connector.
7. Push the small tab in and pull up to unlock the battery connector.



8. Remove and properly dispose of the battery according to your local or national refuse laws.

Clinical Studies

The EXOGEN Ultrasound Bone Healing System has been evaluated for osseous defect healing in a number of clinical studies[1-39]. These studies have demonstrated acceleration of fresh fracture by 38% and a non-union heal rate of 86%.

Metals and Implants

Clinical data indicates that healing rates and acceleration of osseous defect repair is not affected by internal or external metal fixation. Several reference articles have focused on conventional therapeutic ultrasound's effect on surgical metallic, biodegradeable and bioresorbable implants and conclude there are no untoward effects[13, 40-45]. EXOGEN low intensity pulsed ultrasound is not capable of penetrating metal - when treating osseous defects with plate fixation, place the transducer over the fracture site but not directly over the plate.

Mechanism of Action

Four review articles[32, 46-48] have assessed the clinical and basic science evidence for the EXOGEN Ultrasound Bone Healing System. Their analyses suggested the EXOGEN Ultrasound Bone Healing System induced cellular reactions at each phase of fracture healing from inflammation through to endochondral ossification and remodelling.

Adverse Events

Unlike conventional (physical therapy) ultrasound devices, EXOGEN is incapable of producing harmful temperature increases in body tissue[49]. The ultrasound output intensity of EXOGEN is 30 mW/cm^2 and is typically only 1% to 5% of the output intensity of conventional therapeutic ultrasound devices. The ultrasound intensity is comparable to diagnostic ultrasound (1 to 50 mW/cm^2), such as the intensities used in obstetrical sonogram procedures (fetal monitoring). In addition, there is no evidence of non-thermal adverse effects (cavitation).

Complications

No device-related adverse reactions or medical complications related to the use of EXOGEN were reported during the clinical studies. Some patients have experienced mild skin irritation caused by skin sensitivity to the coupling gel. If you feel your skin is sensitive to the gel, you may change the coupling medium to mineral oil or glycerin. In the distal radius study, one patient complained of pain during treatment but they no longer had the pain by the next follow up visit; and one patient, complaining of pain, withdrew from the study.

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Technical Information

EXOGEN Operating Specifications

Ultrasound frequency	1.5 +/- 5% MHz
Modulating signal burst width	200+/- 10% microsecond (µs)
Repetition Rate	1.0+/- 10% kilohertz(kHz)
Duty Factor	20%
Effective radiating area (ERA)	3.88 +/- 1% square cm (cm^2)
Temporal average power	117 +/- 30% milliwatts(mW)
Spatial avg.-temporal avg. (SATA)	30+/- 30% mW/cm^2
Beam non-uniformity ratio (BNR)	4.0 maximum
Battery	3.7 VDC, 700 mAh
Battery Type	Lithium-ion
Input Voltage (USB)	5.0 VDC, 2.6A max.
Beam type	Collimated

The essential performance of EXOGEN includes the following:

- Free from the display of incorrect numerical values (numbers) associated with the ultrasound therapy
- Free from the production of unwanted ultrasound output
- Free from the production of excessive ultrasound output
- Free from the production of unintended or excessive transducer surface temperature

EXOGEN Classifications

EXOGEN has the following classifications:

- Internally Powered Equipment
- Type BF Applied Part
- EXOGEN device: IP-22 protection against ingress of water
- Transducer: IP-67 protection against ingress of dust
- Equipment not suitable for use in the presence of a flammable anaesthetic mixture with air or with oxygen or with nitrous oxide.
- Mode of operation – Intermittent

Guidance and Manufacturer's Declaration – Electromagnetic Emissions and Immunity Testing

Electromagnetic Compatibility Testing

Summary: *Testing Report for:*
Bioventus LLC.

Equipment Under Test: EXOGEN®

Used for Life Support: No

Use in shielded enclosure: No

Guidance and manufacturer's declaration – electromagnetic emissions

EXOGEN is intended for use in the electromagnetic environment specified below. The customer or the user of EXOGEN should assure that it is used in such an environment.

Emissions Test	Compliance	Electromagnetic environment – guidance
RF emissions CISPR 11	Group 1	EXOGEN uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	EXOGEN is suitable for use in all establishments other than domestic and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations / flicker emissions IEC 61000-3-3	Complies	

Guidance and manufacturer's declaration – electromagnetic immunity

EXOGEN is intended for use in the electromagnetic environment specified below. The customer or the user of the EXOGEN should assure that it is used in such an environment.

Immunity test	IEC 60601 Test Level	Compliance Level	Electromagnetic environment - guidance
Electrostatic discharge (ESD) IEC 61000-4-2	±6 kV contact ±8 kV air	±6 kV contact ±8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/ burst IEC 61000-4-4	±2 kV for power supply lines ±1 kV for input/output lines	±2 kV for power supply lines Not Applicable for input/ output lines	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 61000-4-5	±1 kV differential mode ±2 kV common mode	±1 kV differential mode ±2 kV common mode	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5% U_t (>95% dip in U_t) for 0,5 cycle; 40% U_t (60% dip in U_t) for 5 cycles; 70% U_t (30% dip in U_t) for 25 cycles; <5% U_t (>95 % dip in U_t) for 5 sec	<5% U_t (>95% dip in U_t) for 0,5 cycle; 40% U_t (60% dip in U_t) for 5 cycles; 70% U_t (30% dip in U_t) for 25 cycles; <5% U_t (>95 % dip in U_t) for 5 sec	Mains power quality should be that of a typical commercial or hospital environment. If the user of EXOGEN requires continued operation during power mains interruptions, it is recommended that EXOGEN be powered from an uninterruptible power supply or a battery.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A / m	3 A / m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Conducted RF IEC 61000-4-6 Radiated RF IEC 61000-4-3	3 Vrms 150 kHz to 80 MHz 3 V/m 80 MHz to 2,5 GHz	3 Vrms 3 V/m	Portable and mobile RF communications equipment should be used no closer to any part of EXOGEN, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. Recommended separation distance: d _ 1.2 √P d _ 1.2 √P 80 MHz to 800 MHz d _ 2.3 √P 800 MHz to 2,5 GHz where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, [a]should be less than the compliance level in each frequency range. [b]Interference may occur in the vicinity of equipment marked with the following symbol: 

NOTE U_t is the a.c. mains voltage prior to application of the test level.

NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.
NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

[a]Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which EXOGEN is used exceeds the applicable RF compliance level above, EXOGEN should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating EXOGEN.

[b]Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 1 V/m.

Recommended separation distances between portable and mobile RF communications equipment and EXOGEN

EXOGEN is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of EXOGEN can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and EXOGEN as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter – watts (W)	Separation distance according to frequency of transmitter – meter (m)		
	150 kHz to 80 MHz	**80 MHz to 800 MHz**	**800 MHz to 2,5 GHz**
	***d* = 1.2 √P**	***d* = 1.2 √P**	***d* = 2.3√P**
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.30
10	3.79	3.79	7.27
100	12.00	12.00	23.00

For transmitters rated at a maximum output power not listed above, the recommended separation distance *d* in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where *P* is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.
NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Test Report # 100972305ATL-002, 02/07/2013. Testing performed by: Intertek, 1950 Evergreen Blvd, Suite 100, Duluth, GA 30096.

Customer Service

Customer Service is available to answer questions regarding EXOGEN and to handle servicing or disposal needs.

To contact the International Service Center:

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For additional information on the EXOGEN Ultrasound Bone Healing System, please visit our website at **www.exogen.com**.

Limited Warranty

Bioventus LLC (“Seller”) warrants to the original purchaser (“Purchaser”) of its EXOGEN Ultrasound Bone Healing System (“System”) purchased by Purchaser directly from Seller that the System conforms to Seller’s manufacturing specifications. This warranty shall be in effect for a period of one year from the date of purchase.

In the event of a material breach of this warranty, upon timely written notice, Seller will, at its sole option, either repair or replace the System or refund the original purchase price. This will constitute Purchaser’s sole remedy. This limited warranty does not extend to any re-sale or other transfer of the System by Purchaser to any other person or entity.

Seller expressly disclaims any and all other warranties, either expressed or implied, relating to the System or its performance, including, without limitation, any IMPLIED WARRANTY OF MERCHANTABILITY and any IMPLIED WARRANTY OF FITNESS FOR A PARTICULAR PURPOSE.

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Product No. 81087028 Rev. A
2014-10

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